

Chiba shi Makuhari kinroushimin Plaza (2024.4.1)

Gym guidance

Rules:

Opening hours are from 9:00 am 9:00 pm (Last entry is at 8:00 pm)

(You can use the facility up to two hours per time)

Please change to sportswear and indoor sport shoes while using the training space.

Tickets for the gym are available at the first floor's reception counter.

The ticket prices may differ as mentioned below.

Adults: ¥220

Senior citizens (over 65 years old): ¥180

Senior high school students: ¥100

Coin lockers: ¥10

Shower rooms free of charge

Notes:

You are not allowed to use the training room bare footed.

It is prohibited to eat in the training space. However you can carry a bottled drink with you into the room.

Junior high school students and those below are not allowed to use the gym.

If you have an illness or are physically challenged, please consult your doctor before using the gym.

Speaking and laughing loudly and making noises may offend people around you.

Please mind your manners while you are in the training room.

If your training time exceeds 2hours you will be charged extra.

We are closed every second Monday of the month. If Monday is a national holiday the facility will be closed the next day.

Year end and new year holidays(December 29th to January3rd)

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Phone: 043 - 274 - 0027